



COMMUNITY RESOURCE GUIDE



GUIA DE RECURSOS DE LA COMUNIDAD



Affordable Health Services
Servicios Médicos de Bajo Costo

Alisal Health Center 831-769-8800

559 E. Alisal St. #201, Salinas, CA 93905

Clinica de Salud del Valle de Salinas

831-757-1365

219 Sanborn Road, Salinas, CA 93905

Clinica de Salud Mobile Medical Clinic

831-757-6237 or 831-757-1264

950 Circle Drive, Salinas, CA 93905

Clinica de Salud - Dental 831-444-9722

620 E. Alvin Drive, Suite G, Salinas, CA 93906

Covered CA (800) 300-1506

www.coveredca.com

Laurel Internal Medicine Clinic 831-769-8640

1441 Constitution Blvd. Bldg. 151, #16,
Salinas, CA 93906

Laurel Pediatrics Clinic 831-755-4124

1441 Constitution Blvd. Bldg. 1200, #101,
Salinas, CA 93906

Planned Parenthood MarMonte 831-758-8261

316 North Main Street, Salinas, CA 93901

RotaCare Clinic 831-333-6495

1156 Fremont Blvd., Seaside, CA 93955



United Way Monterey County
Tel: 211 www.211mc.org



Child Care After School Programs
Cuidado Infantil/Programas
Después de Escuela Regular

Alisal Union School District 831-753-5700

Boys & Girls Club 831-757-4412

Child Development Center (Hartnell College)
831-755-6945

Mexican American Opportunity Foundation
831-424-6939

Migrant Education School Readiness
831-755-6414

Salinas Child Development Center
831-422-8594

Salinas City Elementary School District
831-753-5600

San Jerardo Migrant Head Start 831-751-9376

Special Kids Crusade 831-372-2730

Salinas Community YMCA 831-758-3811

Salinas Community Center 831-758-7351

East Salinas Family Resource Center
831-757-6504

Breadbox Recreation Center 831-758-7908

Kid's Café 831-443-9655



Legal Services
Servicios Legales

California Rural Legal Assistance
(CRLA) 831-757-5221

Superior Court of Monterey County

Self Help Center 831-647-5800

Watsonville Law Center 831-722-2845



Financial Support
Apoyo Financiero

CalWORKS (Cash Aid) 866-323-1953

1000 S. Main St. #216, Salinas, CA 93901

Catholic Charities 831-422-0602 or 831-753-5314

1705 2nd Avenue, Salinas, CA 93905

Catholic Charities 831-393-3110

922 Hilby Avenue, Seaside, CA 93955

Central Coast Energy Services 888-728-3637

PO Box 2707, Watsonville, CA 95077

Housing Resource Center 831-424-9186

134 E. Rossi Street, Salinas, CA 93901

The Salvation Army 831-443-9655

2460 N. Main Street, Salinas, CA 93906



Food Assistance/Clothing*
Ayuda Con Alimentos/Ropa*

Monterey County Food Bank 831-758-1523
www.food4hungry.org

WIC Women Infants and Children
831-796-2888

Cal Fresh Program 1-866-323-1953
www.mcdss.co.monterey.ca.us

Dorothy's Place 831-424-1102
30 Soledad Street, Salinas, CA 93905
www.dorothysplaceorg

First United Methodist Church*
831-424-0855
404 Lincoln Ave., Salinas, CA 93901

Victory Mission* 831-424-5688
43 Soledad Street, Salinas, CA 93905

The Salvation Army* 831-443-9655
2460 N. Main Street, Salinas, CA 93906
www.salvationarmyusa.org

Confidence Pregnancy-baby formula*
831-757-5500
780 E. Romie Lane, #C, Salinas, CA 93901



Adoptive/Foster/Caregiver Services
**Servicios de Adopción/
Hogar Temporal / Cuidados**

Kinship Center 831-455-9965

124 River Road, Salinas, CA 93908

Family Ties Kinship Center 831-443-0662

2214 N. Main Street, Salinas, CA 93906

Peacock Acres 831-754-3635

830 Park Row, Salinas, CA 93901



Education
Educación

Grizzly Youth Academy 800-926-0643

(Residential Education Program)

San Luis Obispo, CA

Alisal Resource Center (Parent Education)

831-775-4500

High School Equivalency Program - HEP

831-770-7070 • hep@hartnell.edu

Job Corps. 800-733-5627

www.mifuturo.jobcorps.gov

National Center for Homeless Education

800-755-3277 • homeless@serve.org

Partners for Peace

831-754-3888 • Partners4Peace.org

Rancho Cielo - Various Alternative Ed

Programs for at-risk youth 831-444-3500

Salinas Education Center 831-796-6905

Youth Without Limits 831-809-6367



**Employment
Empleo**

Labor Ready 831-755-1555

www.laborready.com

Manpower 831-443-8000

www.manpower.com

One Stop Career Center 831-796-3600

www.onestopmonterey.org

Randstad 831-771-2460

www.us.randstad.com

Select Staffing 831-775-0712

www.selectstaffing.com

Spherion 831-444-6000

www.spherion.com



**Transportation
Transporte**

Amtrak 831-422-7458

Green Cab 831-757-4211

Greyhound Bus Lines 831-424-4418

Monterey Salinas Transit

1-888-MST-BUS1 (678-2871)

Salinas Taxi 831-422-7276

Yellow Cab 831-424-1234



Housing Viviendas

CHISPA 831-757-6251

295 Main St # 100, Salinas CA 93901

Community Human Services 831-757-7915

Dorothy's Place 831-424-1102

30 Soledad Street, Salinas, CA 93905

Housing Resource Center 831-424-9186

201 John St., Ste. A, Salinas, CA 93902

Housing Authority 831-775-5000

123 Rico St., Salinas CA 93907

Shelter Outreach Plus 831-422-2201



Substance Abuse

Abuso de Substancias Adictivas

Celebrate Recovery 831-422-0220

1044 S. Main St., Salinas CA 93901

Interim Inc.-OMNI Resource Center

831-754-3838

339 Pajaro St., Salinas, CA 93901

Sun Street Center 831-753-5135

11 Peach Dr., Salinas, CA 9390

Community Human Services 831-757-7915

Valley Health Assoc. 831-424-6655

338 Monterey St, Salinas, CA 93901



Crisis Lines
Líneas de Crisis

Children's Behavioral Health 831-784-2150

951 B Blanco Circle, Salinas, CA 93901

Children's Behavioral Health 831-796-1500

1000 South Main, #210-B, Salinas, CA 93901

Monterey Cnty. Children's Behavioral Health

888-258-6029

1441 Constitution Blvd., Bldg 400, #122,
Salinas, CA 93906

National Alliance on Mental Illness 831-422-6264

National Runaway 800-RUNAWAY (786-2929)

National Suicide Prevention Lifeline

800-784-2433 or 800-273-8255

Natividad Medical Center Crisis Team

831-755-4111

1441 Constitution Blvd., Salinas, CA 93906

PREP Prevention and Recovery in

Early Psychosis 831-424-5033

Suicide Prevention Services of the Central Coast

877-663-5433 or 831-649-8008 • Suicide.org

Trevor Helpline LGBTQ 866-488-7386

Monterey County Rape Crisis Center (831) 424-4357

YWCA Monterey County (Domestic Violence)

831-422-8602

236 Monterey Street, Salinas, CA 93901

Human Trafficking 888-373-7888

Text: HELP to 233733